



## Surviving an Eating Disorder

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This program is sponsored by:



The Belfatto Family

### [National Eating Disorders Association](#)

The National Eating Disorders Association (NEDA) is the largest not-for-profit organization in the United States working to prevent eating disorders and provide treatment referrals to those suffering from anorexia, bulimia and binge eating disorder and those concerned with body image and weight issues.

### [General Eating Disorders Information \(NEDA\)](#)

### [Eating Disorders Information Index \(NEDA\)](#)

### [Seeking Treatment \(NEDA\)](#)

Eating disorders are serious health conditions that can be both physically and emotionally destructive. People with eating disorders need to seek professional help. Early diagnosis and intervention significantly enhances recovery. If not identified or treated in their early stages, eating disorders can become chronic, debilitating, and even life-threatening conditions.

### [Academy for Eating Disorders](#)

The Academy for Eating Disorders is an international transdisciplinary professional organization that promotes excellence in research, treatment and prevention of eating disorders. The AED provides education, training and a forum for collaboration and professional dialogue.

### [Find an ED Professional](#)

## [Eating Disorders Program at University Medical Center at Princeton](#)

### [Something Fishy](#)

Something-Fishy provides information on Anorexia, Bulimia, Binge-Eating Disorder (Compulsive Overeating), EDNOS (Eating Disorder Not Otherwise Specified), related topics, plus much more, and most important of all, it provides support to everyone affected by Eating Disorders, and their loved-ones.

### [Pale Reflections](#)

Pale Reflections is an online community for everyone affected by Eating Disorders and provides information on Anorexia, Bulimia, Binge-Eating Disorder (Compulsive Overeating), EDNOS (Eating Disorder Not Otherwise Specified), Depression, Obsessive Compulsive Disorder, and much more.

### [Bulimia.com \(Gürze Books\)](#)

Bulimia.com specializes in information about eating disorders including Anorexia Nervosa, Bulimia Nervosa, and Binge Eating Disorder, plus related topics such as body image and Obesity. This website offers books at discounted prices, articles about eating disorders, newsletters, and links to treatment facilities, organizations, other websites, and much more.

### [Eating Disorder Referral](#)

EDReferral.com provides information and treatment resources for all forms of eating disorders. This site provides assistance, in the form of information and resources, to those suffering with eating disorders to get them started on the road to recovery and healthy living.

### [The Joy Project - Where Hope Takes Root](#)

The Joy Project is a non-profit, grassroots organization that aims to provide support, information, resources, and advocacy for those recovering from and affected by eating disorders. This website offers a lot of helpful information for individuals struggling with eating disorders, and also their loved ones who support them.

### [Eating Disorders Information](#)

Eating-Disorder-Information provides information on Anorexia, Bulimia, Binge Eating Disorder, other eating disorders, and related topics, such as Eating Disorders in Men, Sport and Eating Disorders, Self-Harm, Sexual Abuse, and more - from a recovered anorexic and bulimic.